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Dear Parents / Carers,

Many thanks if you attended the online safety parent sessions this week. We have had some great feedback about them and as I said, I am sharing with you some information about ways to support children.

Some of this was shared with you during the meeting:

- All online safety issues happen at home, but the children bring the issues into school
- Turn on parental controls
- Take devices off children at night time
- Know what your child is doing online make sure you can see the screen when they are using devices
- Encourage them to talk to you if they are worried or see something that isn't right
- You can take any device into an O2 store and they will set up parental controls
- Internet providers can switch off the Wi-Fi at night time
- Not all games are dangerous, but the online chat room is
- Social media platforms are not suitable for children. Most have an age of 13+ and WhatsApp is 16+

This is the website to download the app where you can monitor what your child is using and doing online:

https://parentaler.com/blog/best-family-tracking-apps/

https://www.nspcc.org.uk/keeping-children-safe/online-safety/

And remember...

The internet cannot parent your child the way that you can. If you leave your child on a device for hours, they will lose every time.

Mrs Waldron





